

RHINOS

MARK
GRIST

DON'T

CHRIS
JEVONS

CRY



KS1 EDUCATIONAL RESOURCE PACK

BLOOMSBURY

RHINOS DON'T CRY

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AGES 5+ IDEAS FOR KSI TEACHERS and LIBRARIANS

Suitable for: Ages 5+

Includes: Visual extracts from the books + corresponding reading questions and activities

Themes: expressing feelings, managing feelings

About the book

Milo just loves being a rhino – but there's one small problem . . . rhinos don't cry.

At least that's what Spike-O Mcree, his movie-star hero, always says. But when Milo meets Spike-O face to face, he finds out that not only is crying OK, it's also very brave!

This energetic and engaging rhyming story is the first in a series of books highlighting the importance of children expressing their feelings.

Resource Pack Objectives & Outcomes

1. Things that make us cry

Objectives:

- To understand that different emotions make us cry
- To identify Milo's changing feelings in the story

Outcome: A description of feelings that can prompt a crying response; teardrop-template examples of events and feelings that cause crying

2. Why we cry

Objectives:

- To understand that crying is a natural human response
- To identify why Milo and Spike-O Mcree cry

Outcomes: A list of Rhino-Reasons why it is important to cry

3. It's OK to be sad

Objectives:

- To discuss why it is OK and normal to feel sad
- To create strategies for coping with feelings of sadness

Outcomes: A Sadness Strategy Sheet for coping with feelings of sadness



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Before reading! Prompts for discussion

Use the prompt questions below to start a discussion about themes in the book.

We all cry sometimes. What are some of the reasons people cry?

How do you feel when you cry?

Why do you think Milo believes that “rhinos don’t cry”?

Crying has been associated with “showing weakness” in the past. Why do you think this is wrong?

Here are some different types of crying. Can you explain the differences between them?

o Blubbering

o Wailing

o Sobbing

o Weeping

o Whimpering

o Bawling



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1. Things that make us cry



Reading Questions:

- What are some of the things pictured here that make Milo feel like he wants to cry?
- Who is Spike-O Mcree? What sort of character do you think he is?
- How does Milo feel about Spike-O Mcree?

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Activity 1:

In the story, there are lots of different things that make Milo tearful, even though he feels like he shouldn't cry. Can you identify each thing, plus the feeling behind it? An example has been done for you.

Use the list of feelings below to help you. Can you add any more?

Frustrated
Disappointed
Angry
Worried

Scared
Hurt
Desperate

Event	Description	Milo feels . . .
	Milo's cat has knocked over the painting that he has been working on.	Frustrated, disappointed
		
		
		
		
		

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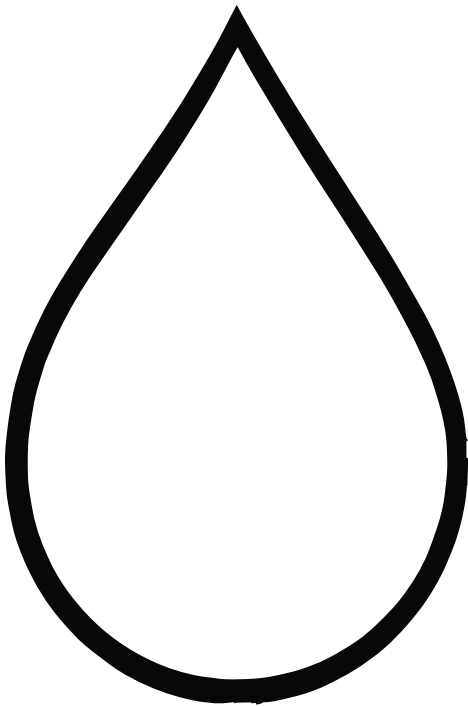
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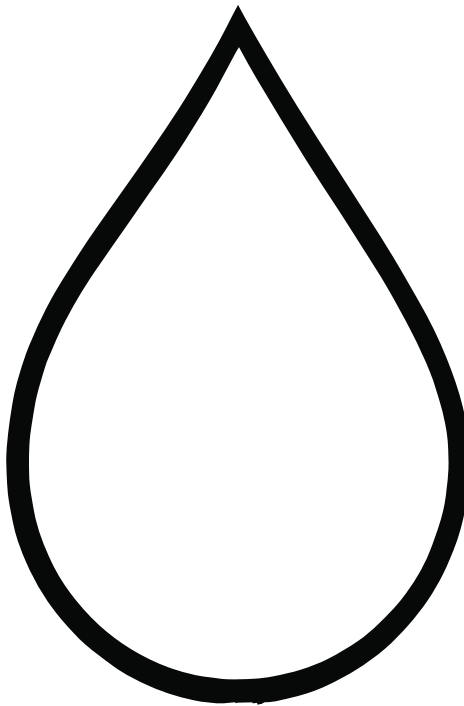
Activity 2:

In the three teardrop templates below, write down or draw three different events that have made you cry in the past.

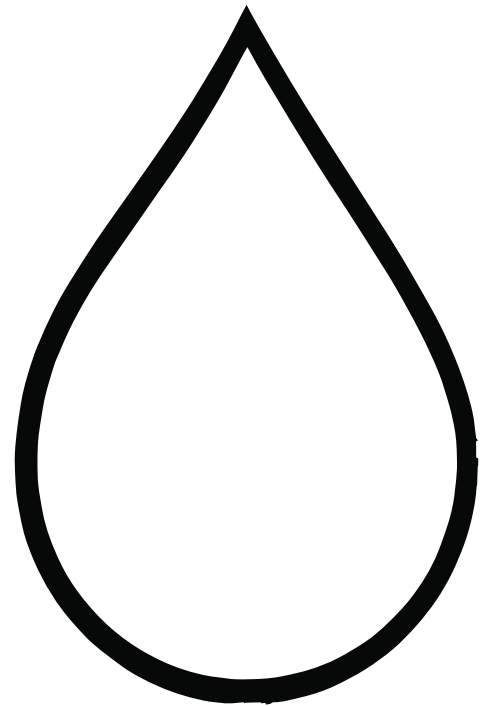
If you want to, you can describe each event. Can you identify your feelings in each example?



I felt



I felt



I felt

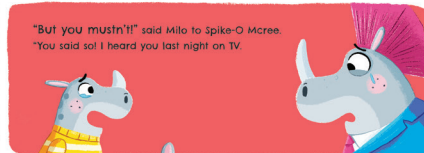
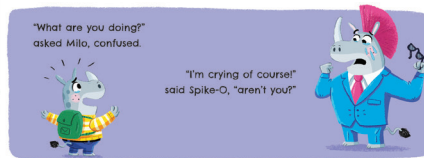
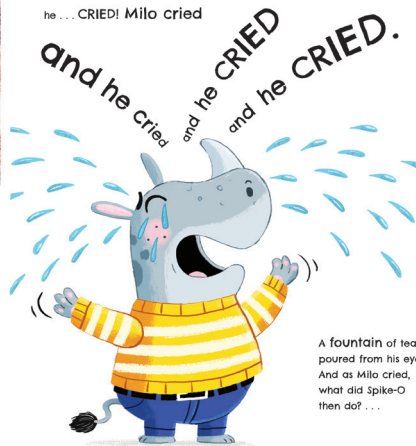
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2. It's important to cry



Reading Questions:

- What does Milo "really try" not to do? Why?
- Refer back to the list of different cries that you discussed before reading. What type of cry does Milo do here? Why do you think Milo cries so much?
- How does Spike-O Mcree respond? Does this surprise you? Why or why not?

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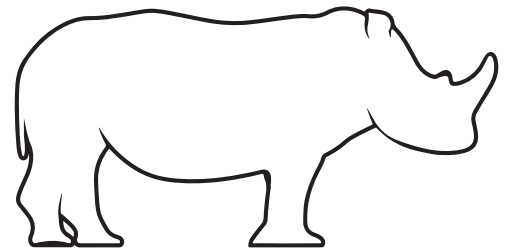
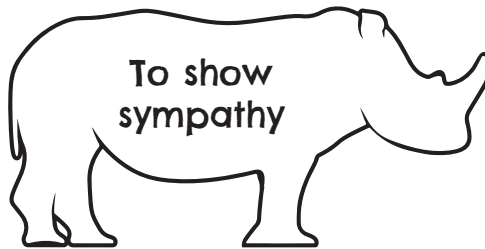
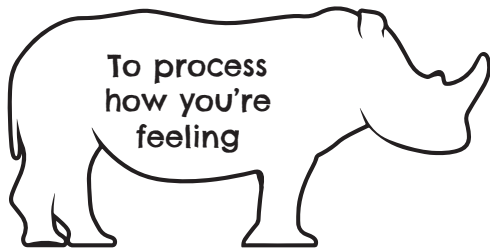
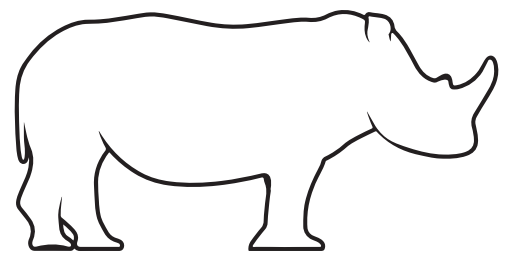
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Activity 1:

Many people struggle to cry, even when they feel like they need to. But there are practical reasons for crying. Some are listed below as rhino-reasons!

Can you think of more?



Activity 2:

Use some or all of these rhino-reasons to describe why Milo and Spike-O Mcrecree are crying.

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3. It's OK to be sad

"Ah," Spike-O frowned. "THAT FILM! Yes, I know. Well, the thing is . . . that was made a long time ago,



before we found out how important it is to cry sometimes. And not just for kids, but for adults as well – it's how we were made! In fact. You know what? I think crying is BRAVE!"

So Milo and Spike-O both let their tears pour as Milo's mum found them beside the side door.



Spike-O's suit jacket was certainly wetter but after he'd cried, Milo felt better. They all shared a smile . . .



Reading Questions:

- When was Spike-O's film made? How have things changed since then?
- What does Spike-O describe as "BRAVE"? Why do you think he uses this word?
- How does Milo feel now compared to at the beginning of the story? Why?

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Activity 1:

In the story, Milo feels so much better when he expresses his feelings. In pairs, discuss why the following phrase is true: *It is OK to be sad.*

Activity 2:

In the Sadness Strategy Sheet below, choose some of the ways you can make yourself feel better when you feel sad. You can choose from some of the options provided or come up with your own ideas. Which are your favourite strategies for managing your feelings?

When I'm sad I can . . .

Turn to a friend, family, member or teacher	Draw a picture	Write in my notebook	Play with a friend
Go for a walk	Do some exercise	Sing a song	Be kind to someone else
Dance!	Go outside for some fresh air	Tell a joke	Do some colouring